



**RUNNING FOR ZACH:**

**A MESSAGE**

**THAT MOVES!**





# MEET ED!

**DAD, ADVOCATE, SPEAKER,  
CAREGIVER & RUNNER**

Running for Zach was inspired by our 25-year-old son Zachary, who suffered an anoxic brain injury due to cardiac arrest as well as the amputation of his right hand and both legs below the knee.

Through this journey, I now speak to inspire hope, raise awareness for acquired brain injuries, advocate for family caregivers, and show how tragedy can be transformed into purpose.

## BOOK ME AS A SPEAKER TODAY!



[runningforzach@gmail.com](mailto:runningforzach@gmail.com)



[RunningforZach.ca](http://RunningforZach.ca)

## WHAT'S AVAILABLE?

### KEYNOTE & WORKSHOP TOPICS

- Being a Caregiver: The Hard Parts, the Help, and the Hope
- Every Life Matters: Compassion, Care, and Dignity
- From Pain to Purpose: A Personal Story of Advocacy
- Advocacy That Matters: Awareness and Community

### SPEAKING FORMATS

- Keynote presentations
- Workshops / facilitated sessions
- Panel discussions
- Motivational & faith-based talks