

# LET'S LACE UP & SHOW UP: TOGETHER FOR ZACH!



## TO OUR LOYAL SUPPORTERS:

Thank you for the incredible support you've shown so far. Every message, every donation, every prayer — they mean so much to us. We're on this journey together, and now **we're inviting you to take the next steps with us — literally.**

## WHY ARE WE RUNNING?

Zach is brave. Zach is resilient. But caring for him around the clock takes a dedicated team — **and that's where you come in.**

We're raising funds to provide private health care assistants and specialized therapy for Zach. This support offers essential respite and ensures Zach gets the best care possible.

## ESTIMATED WEEKLY COST:

Health Care Assistants:

**\$500/WEEK**

Therapies:

**\$750/WEEK**



That's a lot. Take a look at the four steps on the right to see how you can support Zach and his family on this journey!

## FOUR SIMPLE STEPS:

**1**

### GRAB SOME GEAR

Start by getting your official Running for Zach merch! Visit [RunningforZach.ca](https://RunningforZach.ca), click "Merchandise," and order your favorite look through the link provided.

**2**

### RUN LOUD & PROUD!

Run hard and proud in your new merch! Snap photos, shoot videos, and share your journey using [#RunningForZach](https://RunningforZach.ca) on social media to help raise awareness.

**3**

### RALLY YOUR PEOPLE

Ask friends, family, co-workers, and faith communities to sponsor your run. They can donate directly at [RunningforZach.ca](https://RunningforZach.ca) by clicking "Donate." Every dollar makes a difference.

**4**

### THE BIG DAY—SEPT. 26!

Join the official Running for Zach team at the Melissa's Road Race in beautiful Banff, AB! Register at [melissasroadrace.com](https://melissasroadrace.com)  
Can't make it to Banff? No problem! Organize your own Run for Zach in your community on September 26.  
Share your race day experience using [#RunningForZach](https://RunningforZach.ca) — let's light up the internet with hope and heart.